



# SECOND STAR FABRIC

## SNUGGLY TOP

A loose fit T-Shirt/ Sweatshirt PDF  
Sewing pattern for ages 0M to age 14Y



## Description

This pattern is for a loose fit t-shirt/ pullover sweatshirt. There is the option to cut on the REGULAR line to have a slightly more fitted look or LOOSE line for a slightly looser fit t-shirt and for a sweatshirt.

**OPTIONS:** Short Sleeves or long sleeves with cuffs or hems.  
Banded or hemmed, regular length or longer length fit for taller children.

### A NOTE ON THE FIT:

The LOOSE fit is recommended for a sweatshirt or a nice loose fitting t-shirt. The REGULAR fit is recommended for more of a straight fit or a slimmer sweatshirt. Both options are relatively loose fitting.

### FABRIC OPTIONS:

Use fabric with at least a 25% stretch value. Cotton Elastane bases are preferable but for t-shirts you can also use cotton interlock.

You can use the same fabric for the cuffs or ribbing, although interlock is not recommended for the cuffs or neckband due to the lack of stretch and recovery in the fabric.

This pattern is not drafted for use with woven fabrics.

### SEAM ALLOWANCE:

There is a 8mm (0.25 inch) seam allowance included in the pattern. This means you can overlock along the edge of the fabric without trimming any fabric off with the blade. There is a 2.5cm Hem allowance when cutting the pattern out on the hem lines.

### PREWASH:

Remember to prewash all fabrics to allow them to preshrink and to remove any factory residues.

### NOTIONS:

You will need stretch fabric, a sewing machine using a zigzag or stretch stitch or an overlocker. If using a sewing machine remember to use ballpoint or stretch needles and polyester thread.

**GET IN TOUCH:** If you're stuck at any point, feel free to ask in the Second Star Fabric facebook group here <https://www.facebook.com/groups/secondstarfabric>

**LEGAL STUFF:** Please do not copy or redistribute this pattern. It's just not a cool thing to do.

## SIZE GUIDE:

Use these measurements to work out which size pattern to make. These are the **MAXIMUM** measurements that each size should fit up to but as you're using jersey and it has a lot of stretch you can probably get away with the size closest to your child's measurements for a lot longer than what the age says. And of course the age is a guide, it doesn't mean that your child will definitely fit that size. If you're unsure you can always measure the printed pattern piece to double check before cutting your fabric out.

SIZE	HEIGHT		CHEST	
	cm	inches	cm	inches
0-3M	60	23.6	42	16.5
3-6M	68	26.7	44.5	17.5
6-9M	72	28.3	45.7	18
9-12M	78	30.7	47	18.5
12-18M	83	33	49.5	19.5
18-24M	88	35	52	20.5
2-3Y	94	37	54	21.3
3-4Y	100	39.3	56	22
4-5Y	108	42.5	59	23.2

SIZE	HEIGHT		CHEST	
	cm	inches	cm	inches
5-6Y	116	45	61	24
6-7Y	120	47.2	63	25
7-8Y	124	49	66	26
8-9Y	130	51.2	69	27.2
9-10Y	136	53.5	73	28.7
10-11Y	142	56	77	30.3
11-12Y	148	58.3	80	31.5
12-13Y	154	61	83	32.7
13-14Y	160	63	86	33.9

## FABRIC REQUIREMENTS:

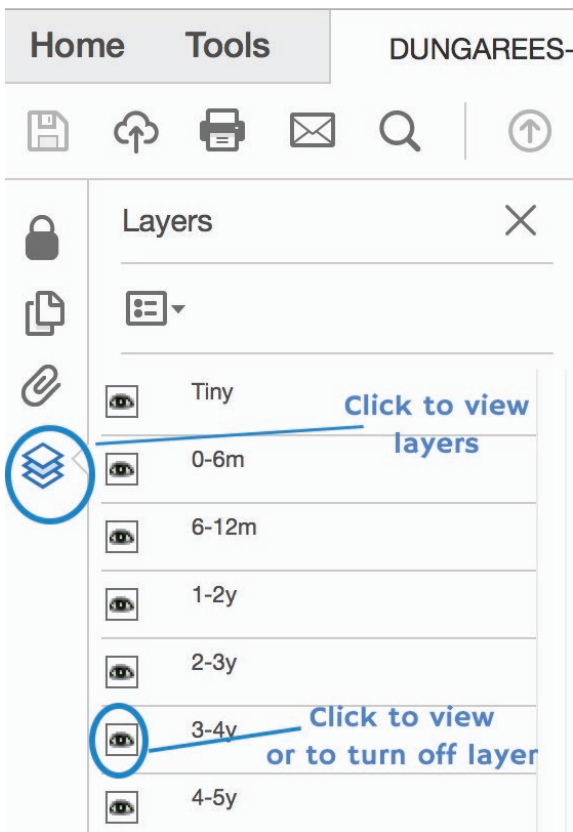
Calculated on knit fabric of 150cm width for the longest length hem option and long sleeves on a one directional print. You may be able to use less fabric if your fabric is non directional and you are using the short sleeve and band options:

SIZE	LENGTH
	cm
0-3M	40
3-6M	45
6-9M	45
9-12M	50
12-18M	50
18-24M	50
2-3Y	50
3-4Y	55
4-5Y	55

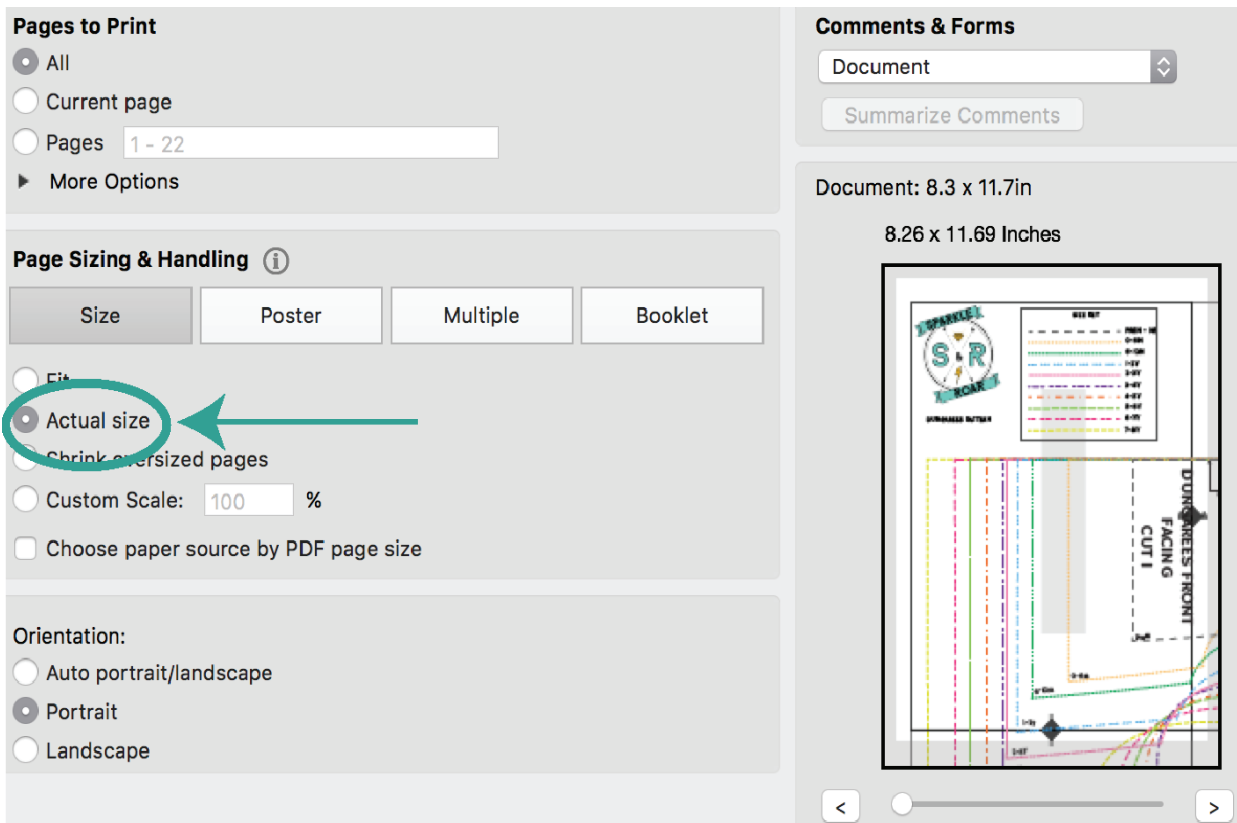
SIZE	LENGTH
	cm
5-6Y	55
6-7Y	75
7-8Y	90
8-9Y	100
9-10Y	115
10-11Y	120
11-12Y	125
12-13Y	125
13-14Y	130

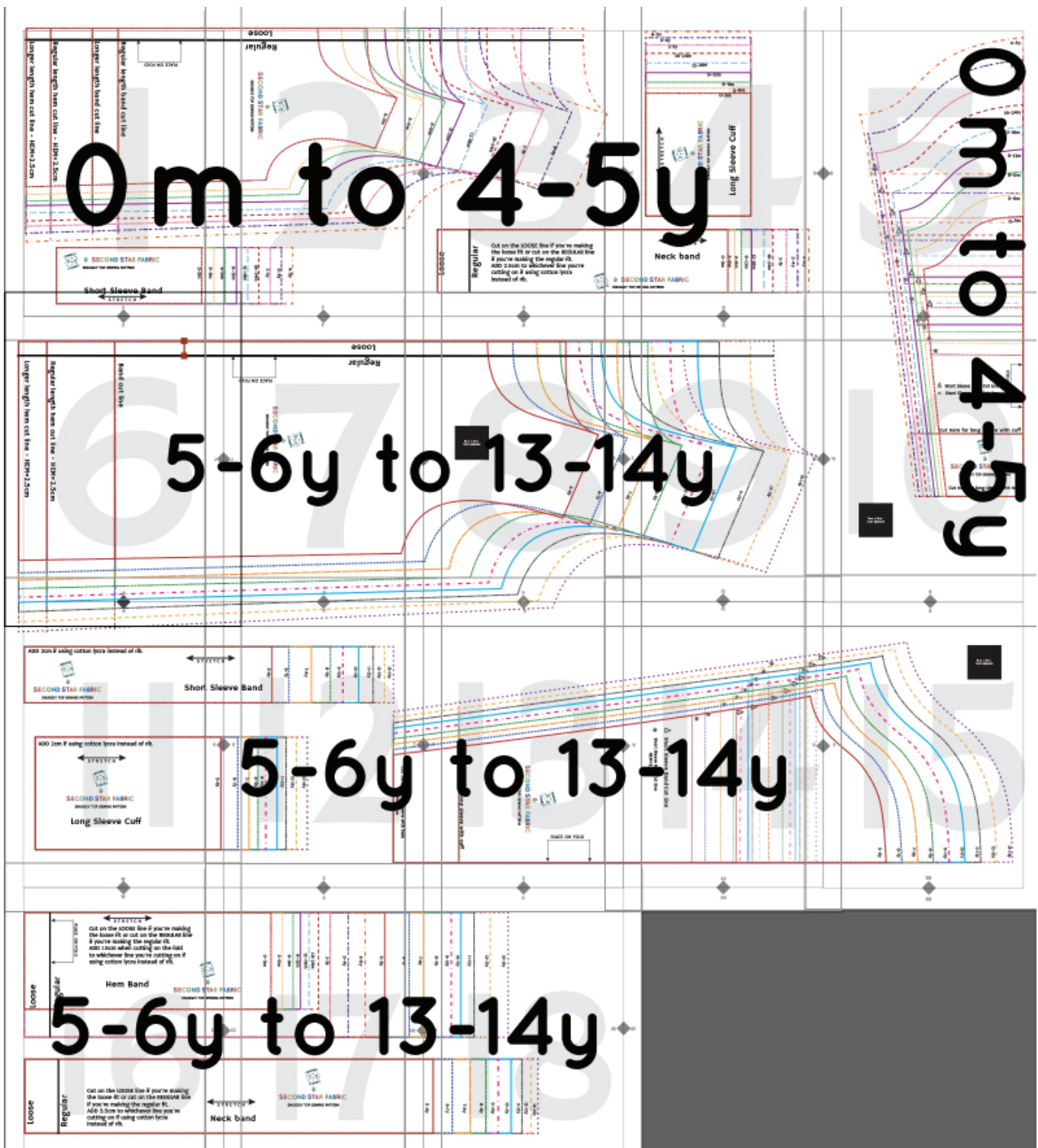
## HOW TO PRINT THE PATTERN:

Print all pattern pieces at 100% making sure that no scaling has been set. The pattern is designed to be printed on A4 paper in portrait format.



In Acrobat Reader you can click on the layers option and choose which layers you want to view and print. Leave them all checked to print all or uncheck the sizes you don't want to print.





**ARRANGING:**

Arrange the printed pages as shown on these diagrams then stick them together making sure you line up the lettered squares on each page. You can then cut your pattern pieces out.

For ages 0m to 4-5y you will need pages 1-5 and page 10

For ages 5-6y and up you will need pages 6-18

**IMPORTANT:**

ALWAYS MEASURE THE TEST SQUARE TO MAKE SURE YOUR PATTERN HAS PRINTED AT THE CORRECT SCALE

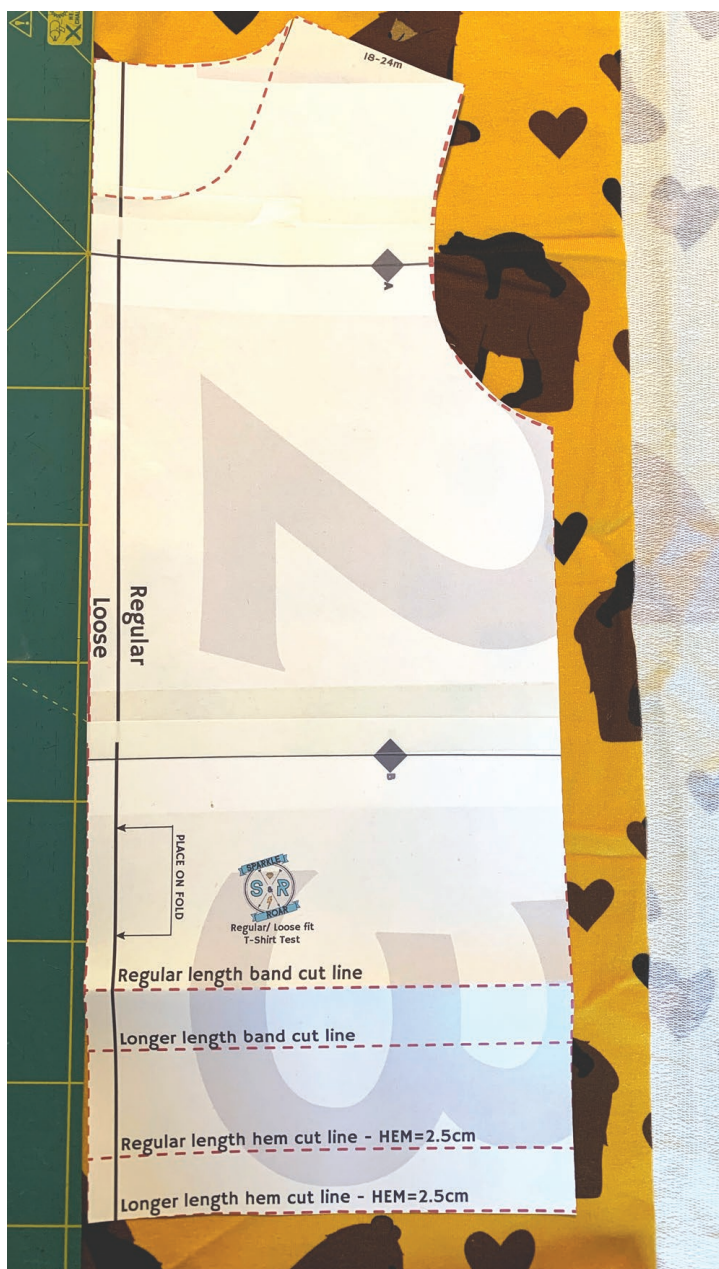
## CUTTING YOUR PATTERN PIECES:

The front and back T-shirt pattern are on the same piece to save on paper. The lower line on the neckline is for the T-shirt front and the higher line is for the back piece.

There are pattern pieces for the following items but you may not need them all depending on which options you are going to use

- Front/ Back T-shirt main piece
- Short Sleeve arm cuffs
- Long Sleeve arm cuffs
- Neck Band
- Hem Band

Place your pattern pieces on folded fabric where the instructions say to "Place on Fold". The T-shirt front and back pieces as well as the sleeve pieces should all be placed on the fold. All other pieces do not need to be placed on folded fabric.



## Construction

Place your T-shirt main front piece on top of the back piece wrong sides together. Pin the shoulders and then sew them together as shown.



Take your sleeves and place a pin on the midpoint of your sleeve pieces. Join the sleeve midpoint to the shoulder seam of your t-shirt.



Continue to pin the rest of your sleeves to your t-shirt right sides together and then sew together along the wrong side raw edge as shown.

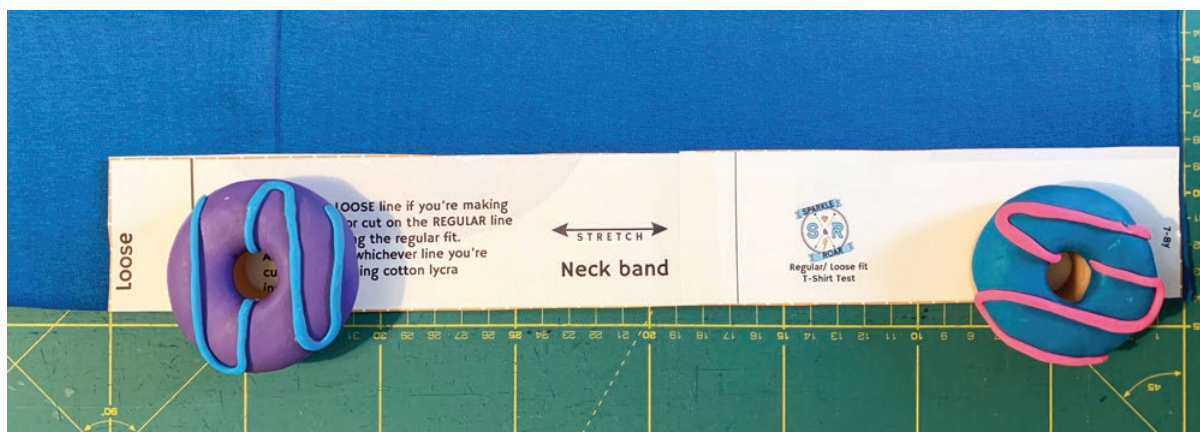


Lay your t-shirt flat, right sides together and then pin down the sides from the arm all the way to the bottom making sure to join up the seams from the sleeve joins and then sew the sides together.





Cut out whichever band pieces you need by using the pattern pieces. You will need a neck-band but the other band pieces are optional depending on which option you are making. None of the band pieces need to be placed on the fold.



Fold the band back along the longest length first right sides together, then fold together again along the shorter length so you should end up with something that looks like this. Stitch the raw edges together.



Turn the bands right side out and line them up with whichever opening you are placing the band into. For the neckband line up the band join seam with the back neck midpoint. For the sleeves and hem band, line up the band join seams with the side of the sleeve or t-shirt join seams.

Make sure the bands are right side out and the t-shirt is the wrong side out.





Pin the band/ cuff evenly inside the opening.

Do the same process for the neckband and waistband. You might want to place more pins around the edge to get an even stretch all the way around before stitching.



If you are going to hem the sleeves or bottom of the T-shirt then with the shirt inside out, fold the raw edge up by 2.5cm. Pin all the way around and then top stitch the hem using a stretch stitch.

