



PINAFORE DRESS- SKIRT

A retro style pinafore dress and single or double layer skirt PDF Sewing pattern for ages Tiny Baby to age 7-8 years.



Description

This pattern is for retro style pinafore dress. With the option to make a half circle skirt when omitting the bib and straps.

Additional Features:

- ♥ Bib pocket
- ♥ Double or single layer skirt with 2 hem options

FABRIC OPTIONS:

Use fabric with at least a 15% stretch value for the pinafore/ skirt main fabric and bib and straps. The bib, bib pocket and straps can also be made with woven fabric. A jersey with a good recovery should be used for the waistband. The skirt has not been tested with woven fabric but it may work if you add a few cms on either side seam of the skirt pattern pieces for ease then stretch the waistband to fit.

SEAM ALLOWANCE:

There is a 7mm (0.25 inch) seam allowance included in the pattern. This means you can serge along the edge of the fabric without trimming any fabric off with the blade.

PREWASH:

Remember to prewash all fabrics to allow them to preshrink and to remove any factory residues.

NOTIONS:

You will need jersey fabric and a small amount of woven cotton for the stabiliser pieces for the straps and lining the bib if you're making the bib and straps from stretch fabric, a sewing machine using a zigzag or stretch stitch or an overlocker. If using a sewing machine remember to use ballpoint or stretch needles and polyester thread.

Snaps and a snaps fixing tool: 2 x Female Snaps per bib and up to 6 x male snaps for each strap. You may use buttons instead to attach the bib and straps.

GET IN TOUCH: If you're stuck at any point, feel free to get in touch :)

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and make sure you join the facebook group to share pics and discuss patterny things
<https://www.facebook.com/groups/sparkleandroarpatterns/>

LEGAL STUFF: I can't really stop anyone from copying or distributing this pattern but I assume that you'll be cool and follow the rules and stuff. I'll list the legal things anyway just for info :) Please don't copy or share the pattern without prior agreement. If you are going to make items to sell with the pattern it would be awesome if you referenced the pattern but I understand that doesn't always happen so I'm not going to get hung up on that. I don't have the money to sue you if you decide to open a massive sweatshop and produce millions of items using my pattern but again I'm kind of trusting everyone to just be a nice person and hoping you won't do that.

SIZE GUIDE:

Use these measurements to work out which size pattern to make. Don't worry if your child is near the top measurement of either the length, weight or height and mid range for another. You can easily adjust the pattern to fit. If your child has a narrow waist but is the right height for the size you can cut a smaller waistband to go with the skirt.

SIZE	HEIGHT		WEIGHT		WAIST		INSEAM	
	cm	inches	kg	lbs	cm	inches	cm	inches
Tiny-1M	54	21.25	3.5	7.7		15	16	6.25
0-3M	62	24.4	5.5	12	43	17	18	7.1
3-6M	68	26.8	7.5	16.5	45	17.7	23	9
6-12M	80	31.5	9	20	48	18.9	27	11
1-2Y	90	35.4	13	29	50.5	19.9	33.5	13.25
2-3Y	98	38.6			52	20.5	39	15.4
3-4Y	104	41			54	21.3	42	16.5
4-5Y	110	43.3			55	21.7	46	18.1
5-6Y	116	45.7			56	22	49	19.3
6-7Y	122	48			58	22.8	53	21
7-8Y	128	50.4			60	23.6	57	22.5

FABRIC REQUIREMENTS:

Calculated on fabric of 150cm width:

Measurements are calculated so you know how much each option requires in case you want to use different materials for each. I.E. To make a Single Layer Pinafore you need 0.3m for the skirt and 0.5m for the bib and straps. If you're making it all from the same fabric you will need the 0.4m for the skirt and 0.5m for the bib and straps. If you are making the skirt only without the bib you will only need 0.4m

SIZE in metre	SKIRT SINGLE LAYER	SKIRT DOUBLE LAYER	BIB AND STRAPS
Tiny-1M	0.4	0.5	0.5
0-3M	0.5	0.6	0.5
3-6M	0.5	0.7	0.5
6-12M	0.5	0.8	0.5
1-2Y	0.6	0.8	0.5
2-3Y	0.7	0.9	0.6
3-4Y	0.7	1	0.6
4-5Y	0.7	1	0.7
5-6Y	0.7	1	0.8
6-7Y	0.8	1.1	0.8
7-8Y	0.8	1.1	0.8

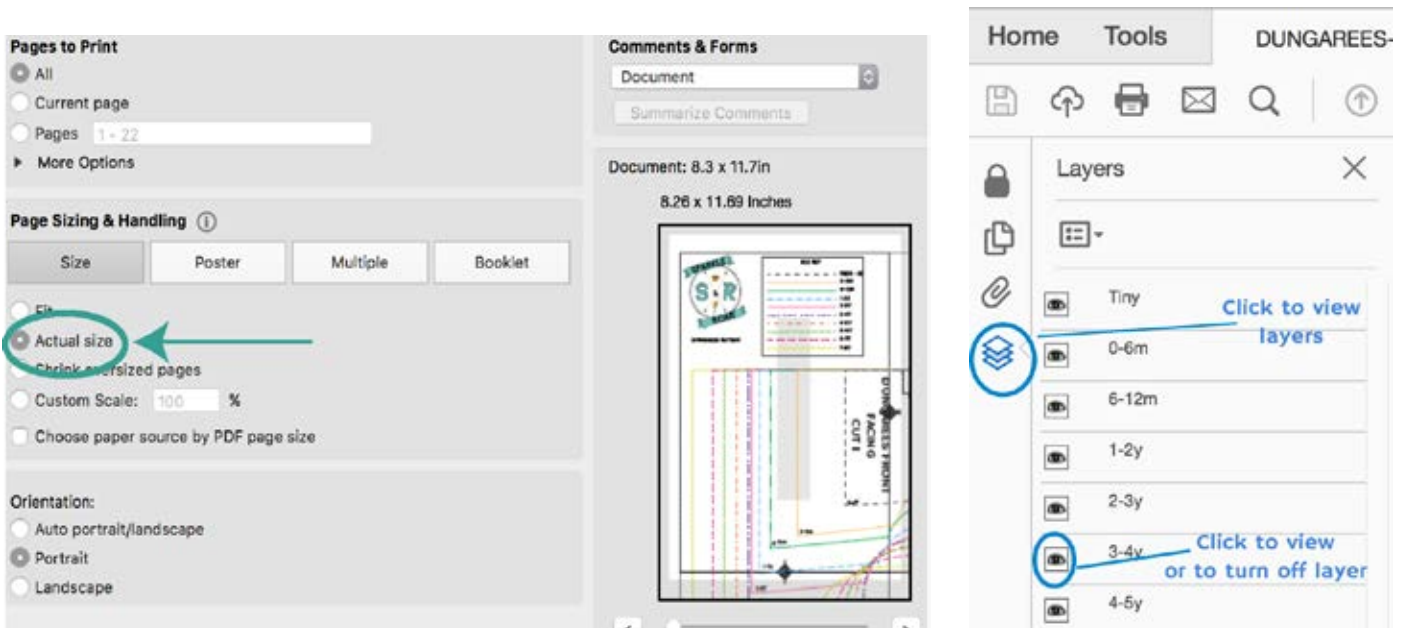
Table of measurements for the various pieces in the pattern and elastic requirements. You can just print out the pieces from the pattern, these measurements are mostly for reference. Elastic can be used on the waistband if your jersey fabric does not have a strong recovery.

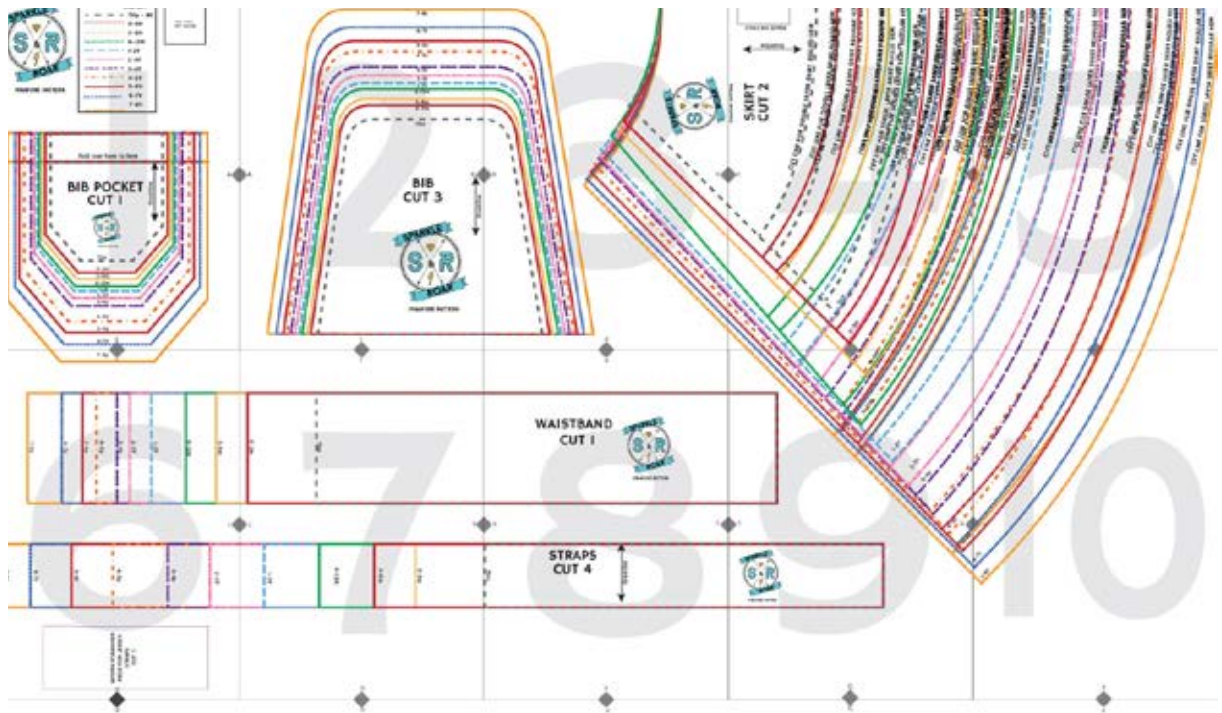
Measurements in cm	STRAPS	WAISTBAND	WAIST ELASTIC
			Max width 3cm
	W x L	W x L	Length
Tiny-1m	4.2 x 29	11 x 33	
0-3m	4.2 x 34	11 x 38	
3-6m	4.2 x 37	11 x 40	
6-12m	4.2 x 41	11 x 42.5	43
1-2y	4.2 x 45	11 x 44.5	45
2-3y	4.2 x 49	11 x 46	47
3-4y	4.2 x 52	11 x 47.5	48
4-5y	4.2 x 56	11 x 49	49.5
5-6y	4.2 x 59	11 x 50	50.5
6-7y	4.2 x 62	11 x 51.5	52
7-8y	4.2 x 65	11 x 53	53.5

HOW TO PRINT THE PATTERN:

Print all pattern pieces at 100% or Actual Size making sure that no scaling has been set. The pattern is designed to be printed on A4 paper in portrait format.

In Acrobat Reader you can click on the layers option and choose which layers you want to view and print. Leave them all checked to print all or uncheck the sizes you don't want to print.





Pinafore pattern pieces layout

ARRANGING:

Arrange the printed pages as shown on this diagram then stick them together making sure you line up the lettered squares on each page. You can then cut your pattern pieces out. You can reuse the top half front and back A pieces as the facing pieces as they are exactly the same size if you would like to save on paper. If you want to bluetack the top to bottom half pieces cut an extra cm above the bottom half join line, this will help you be able to add and remove the top half with ease :)

IMPORTANT:

ALWAYS MEASURE THE TEST SQUARE TO MAKE SURE YOUR PATTERN HAS PRINTED AT THE CORRECT SCALE

CUTTING YOUR PATTERN PIECES:

SKIRT - Combine with bib and straps to make a pinafore style dress or can be used on their own to make a single or double layer half circle skirt.

Cut the longest length skirt if you are only making a single layer skirt. If you are making the double layer skirt you will need to cut 2 skirt pieces on the longer length line and then 2 additional pieces on the shorter length line that says double layer.

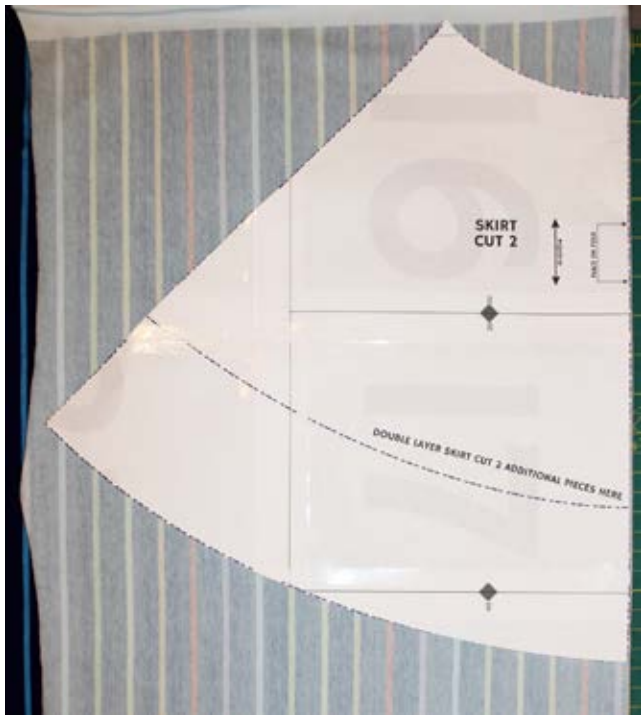
HEMS- If you are going to use a standard fold up hem finish cut the skirt pieces on the regular hem line. If you are going to use a lettuce/ rolled hem hem then cut each skirt piece on the rolled hem line.

BIB and STRAPS - If you are making the pinafore style dress you will need to cut the bib and straps pattern pieces. Also has a bib pocket option.

WAISTBAND - Is needed for all skirt and pinafore options

NOTE: If making the bib from woven or softshell fabric you will only need 2 layers of fabric. If you are making the bib from jersey fabric you will need to add an inner layer of stabilising

THE SKIRT:



When cutting the skirt pieces fold your fabric and then place your pattern piece on the fold.

You will notice the pattern piece has a number of different lines for each size. These are to indicate the single layer skirt and the double layer skirt as well as the regular hem cut line and the lettuce hem cut line.

If you are making the single layer skirt you will only need to cut 2 skirt pieces on the fold (front and back) on the single layer skirt line.

If making the double layer skirt you will need to cut 2 skirt pieces (front and back) on the fold IN ADDITION to the single layer skirt pieces. CUT THESE ON THE DOUBLE LAYER SKIRT LINE MARKED ON THE PATTERN.

HEM LINES: If you are making a regular foldup hem then cut on the first line. If you are making a rolled/ lettuce hem then cut your fabric piece on the ROLLED HEM LINE.

Place the skirt pieces right sides together and pin each raw edge together. Do the same for the shorter second skirt layer if you're making a double layer skirt.

Then stitch up each outer edge making the skirt.



If making the double layer skirt place the shorter skirt inside the longer skirt with the wrong side of the shorter skirt against the right side of the longer skirt and pin the raw edges of the skirt waists together.

If you're making a pinafore dress carry on to the [BIB AND STRAPS](#) instructions. If not then go to [ATTACHING A WAISTBAND](#).

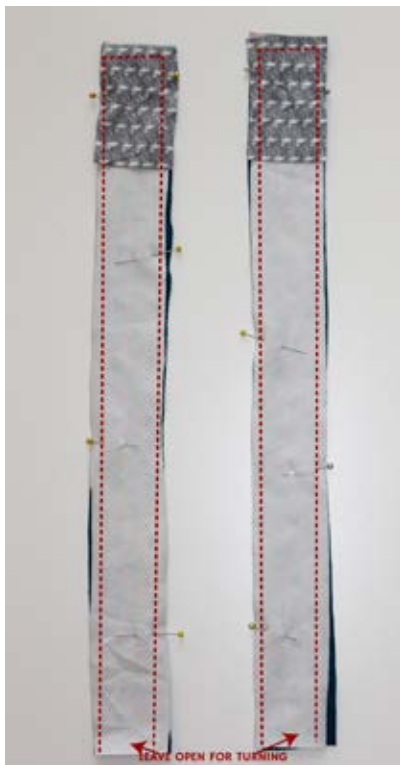
THE BIB AND STRAPS:

If you're making the bib and straps from knit fabric you will need to add a stabilising fabric to the bib and strap ends. You can use a piece of woven poplin type fabric for this. For the bib you will need to cut an entire third piece from the woven fabric and for the straps just two small rectangles to help support the snaps. If using woven cotton you will only need two pieces for the bib and straps, a front and back piece.



For the jersey bib place the 2 jersey layers right sides together.

Then place the woven piece on either wrong side. Pin and sew the sides and the top leaving the bottom open for turning right way around.



Same process for the straps, place the jersey layers right sides together then place the woven pieces at the top of each strap. Pin and stitch in place leaving the bottom opening for turning right way around.



For the woven bib and straps you will only need to place the pieces right sides together. .

NOTE: If you are having difficulty turning the straps right side out you can sew the strap as shown, sew up one side and across the top.



Place a safety pin on the right side of the half sewn up strap near the top then turn back out to the wrong side and continue to sew down the open side of the strap. You will then have the safety pin to help you pull the top of the strap through when turning it right way round.



Trim the ends off once you've sewn the bib and straps then turn them the right way around and give a good press.

Top Stitch the bib and straps. I find the easiest way to do this is set my needle all the way to the right and place the fabric edge in line with the edge of the presser foot. It helps stay nice and straight and gets the stitch close to the edge and keeps fabric under the whole presser foot which should help avoid the fabric moving around too much.



You should have 2 neat straps and a lovely bib ready for attaching to your skirt.



If you're adding a bib pocket we'll do this now. Take your pocket piece and fold over the top to create a 2cm hem. Pin, press and stitch in place.



Fold back each pocket raw edge towards the wrong side by 0.5cm. Pin and press.



NOTE: IF YOU'RE WORRIED ABOUT THE POCKET MOVING OR BEING STRETCHED WHILE SEWING IT ONTO THE BIB YOU CAN CUT A SECOND POCKET PIECE FROM WOVEN COTTON AND STITCH THE 2 PIECES WRONG SIDES TOGETHER. Leave the top seam open. Trim the corners, turn right way round and press. Fold the top of the pocket over, press, pin and stitch in place. Your finished double layer pocket should look a bit like this.



Place the pocket onto the bib and position it to where you would like it. You can hold the folded over waistband on top of the bib to get an idea of how much space to leave around the pocket.

Pin it place and the top stitch it onto the bib.

I re-use the pins that are already on the pocket to pin it to the bib. Just gently slide the pin back and then through the bib being careful not to lose the folding over of the pocket you just did.



You should have a pocket sewn onto the bib that looks a bit like this.

NOTE: I like to sew a reinforced area at the top of the pocket a bit like a triangle.



ATTACHING THE WAISTBAND - bib and straps:

There are 2 methods to attach the bib and straps to the skirt. The first is to attach the waistband, straps and bib at the same time and the second is to first attach the waistband first and then stitch the straps and bib to it. If your machine generally struggles to sew through a lot of layers you might need to use method 2. You will be sewing through up to 7 layers if making the double layer skirt and using method 1 so test out with some scraps first to see how your machine performs.



For both methods fold your waistband with the shorter ends together and stitch raw ends together.

Fold the raw ends wrong sides together along the long ends and place 4 pins at quarter points on the band. You can then line these up with the back, front and sides mid points of the trousers or skirt.



Place the waistband inside your skirt or trousers while the trousers/ skirt is inside out. Line the raw edge of the waistband with the raw edge of the trousers/ skirt.

Line up your quarter point pins with the front and back midpoints and one on each side then stretch the waistband to fit and place further pins so that the waistband is stretched evenly.

IF YOU ARE ONLY MAKING THE SKIRT OR ARE USING METHOD 2 TO ATTACH THE BIB AND STRAPS THEN SEW THE WAISTBAND TO THE SKIRT PIECES NOW.

Attaching the waistband, bib and straps at the same time - METHOD I:



Continuing from where we've just pinned the waistband to the skirt or trousers and with the garment still inside out, proceed to pin the straps to the garment and waistband equal distance from the back centre point. You will need to place the straps **RIGHT SIDE** against the waistband with the straps hanging down inside the garment.

Now pin the bib to the garment and waistband lining up the midpoint of the bib and the midpoint of the garment and waistband. You will need to pin the bib **RIGHT SIDE** against the waistband with the bib hanging down inside the garment. **THE STRAPS SHOULD BE PLACED 2-3CM FROM THE BACK MIDPOINT.**

Serge the waistband, bib and straps onto the garment then turn right way around.



Pin the bib and straps against the waistband so you can top stitch them in place.

Your top stitched bib to waistband should look a bit like this.



Attaching the bib and straps to the waistband - METHOD 2:



If you're using the method of attaching the waistband first then follow these steps to attach the bib and straps.

Once the waistband is sewn onto your skirt take the bib and line up the centre point of the bib with the centre point of the trousers.

Pin the bib to the inside of the waistband or Splash Legs.



Once you've pinned the bib to the inside of the waistband or Splash Legs, you will need to stitch it in place. So your sewn on bib should end up looking like this.





Do the same process for the straps at the back. Pin them the same distance apart from the back centre point, roughly 2-3cm. Then stitch in place. You can angle the straps slightly inward if you wish.



Your stitched on straps should look a bit like this when complete.

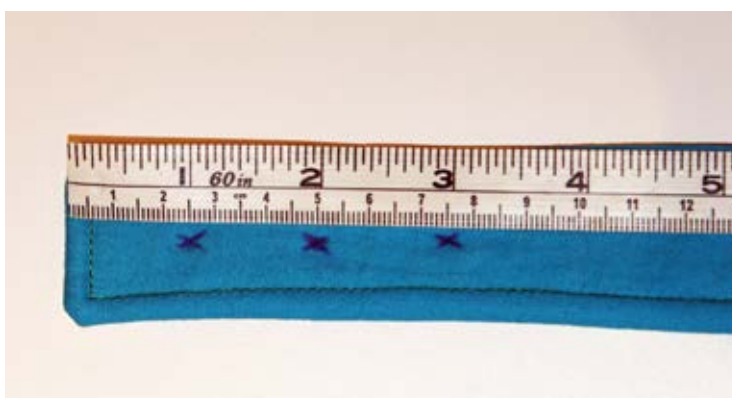
You can also place a stay stitch on the back straps like if you're worried they might slip off your child's shoulders. Make sure the stay stitch is quite low (close to the waistband) and not too high or it will create an odd shape to the straps as they come over the shoulders.



Adding the snaps to the straps:

There should be enough space to add a row of 3 snaps to each strap. I place them approximately 2.5cm from the edge and then every 2.5cm after that. You can place the snaps right up to about 9cm or where you can feel the woven stabiliser end if you've made the straps from Jersey. For the softshell straps you can place the snaps as far up as you'd like.

The best way to get the perfect fit is to check the strap length on your child to see where to place the snaps but if you are making the dungarees to sell the 3 snaps should allow for variable height differences in the size that you've made.



Hemming the skirt, regular foldover hem:



Looking at your skirt from the wrong side, fold up the edge to the wrong side by 2cm and pin.

Continue to pin the entire hem and press.





Stitch the hem using any stitch you like, straight, zigzag or coverstitch.

Hemming the skirt, lettuce rolled hem:

Make sure you've cut out your skirt piece/ pieces on the rolled hem line from the pattern piece, otherwise your skirt may be too long.

To create a lettuce hem on your serger you will need to remove the left hand needle and reduce the stitch width. Some machines have a rolled hem setting on the stitch width and length dials. You should always refer to your machine's setting to achieve the perfect rolled hem. On my machine I will set the right needle tension to 5, the upper looper tension to 5 and the lower looper tension to 8 and stitch length to the lowest setting. I then adjust the differential feed to a number less than 1 to get it to stretch the fabric slightly while it pulls it through.

Each machine is slightly different so it's always best to practice on scrap pieces until you get the settings just right. Then make a note of the settings so you don't have to go through the whole process again in the future.



IF YOU WANT TO ENCASE ELASTIC IN THE WAISTBAND:

You can finish the skirt by either attaching the waistband as described in [ATTACHING THE WAISTBAND](#) or you can create a casing out of jersey or rib and add elastic to create an elastic waistband. You may not need elastic if using a jersey with a strong recovery but if using rib or jersey with less recovery then you will need to add the elastic.



Sew the elastic ends together to make a band and insert the elastic band into the waistband.

Place 4 pins at quarter points on the waistband.

With the elastic band still inside the waistband, insert the waistband into the garment with right sides together lining up the quarter points with the garment quarter points.



Pin the waistband quarter points with the trouser quarter points.



Continue to pin the waistband to the garment to get an even stretch of the waistband all the way around. Then serge the raw ends together.

You can add a stay stitch to the waistband to stop the encased elastic from flipping over. I don't normally have an issue with the elastic flipping but if you find it starts to do this you can easily fix it by adding a stay stitch like this.



Credits: I just want to say a massive thank-you to all my pattern testers who used their own time and fabric to help bring you this pattern. Here is a list of everyone who has helped :)

All custom print fabric used in the instructions is by Second Star Fabric
www.facebook.com/groups/secondstarfabric/

Softshell from Mibs Fabric: www.facebook.com/mibsfabrics

Sweatshirting used for Joggers is Lillestoff Organic available at
<https://www.sparkleandroar.com/product-category/super-cool-fabric-shop/>

Plain woven cotton from Caboodle Textiles: www.facebook.com/groups/CaboodleTextiles/

Some of the pattern testers are:

www.facebook.com/BooCreates/

www.caboodlekids.co.uk

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