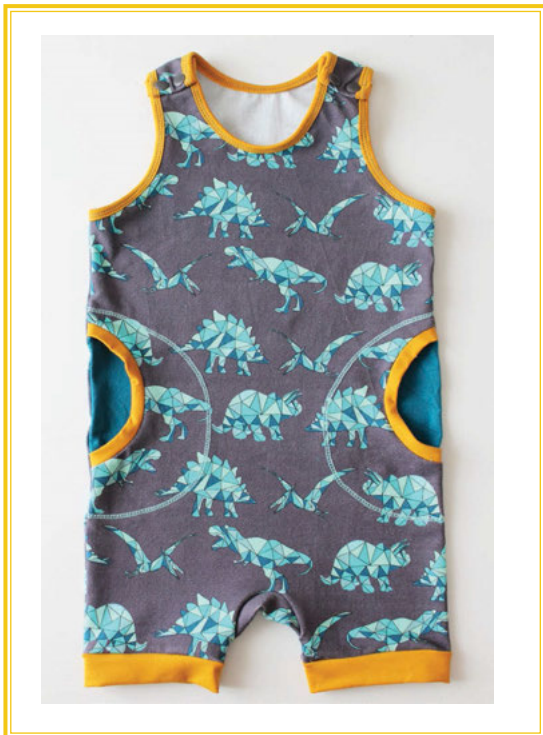




## ROARSOME DUNGAREES

A classic slim fit, cloth nappy friendly dungarees PDF Sewing pattern for ages Tiny Baby to age 4-5 years



## Description

This pattern has a classic straight cut fit with a gusset and slim fit legs. There is space for two set of poppers on the front shoulder tabs to allow for differing heights and growth. The bodice section is lined with a facing to provide a neat edge around the top seam. You can also use binding along the top edging for a more unique look.

Additional Features:

- ♥ Pockets
- ♥ Snap opening legs
- ♥ Binding on top edging (two variations)
- ♥ Shorts option

### **FABRIC OPTIONS:**

Use fabric with at least a 25% stretch value for the main dungarees and facing. You can use cotton interlock if you would like to but you'll get slightly less stretch and ease in the fit. You can use the same fabric for the cuffs or ribbing, if using interlock for the cuffs be sure to add an extra 1cm to all seams to allow for the lack of stretch in the fabric. This pattern is not drafted for use with woven fabrics.

### **SEAM ALLOWANCE:**

There is a 7mm (0.25 inch) seam allowance included in the pattern. This means you can serge along the edge of the fabric without trimming any fabric off with the blade.

### **PREWASH:**

Remember to prewash all fabrics to allow them to preshrink and to remove any factory residues.

### **NOTIONS:**

You will need jersey fabric and a small amount of woven cotton for the stabiliser pieces, a sewing machine using a zigzag or stretch stitch or an overlocker. If using a sewing machine remember to use ballpoint or stretch needles and polyester thread.

Snap and a snaps fixing tool (Possibly long prong snaps for the leg snaps variation)

2 x Male Snaps per back tab and 4 x female snaps for front tabs

For the leg snaps variation: at least 5 of both male and female snaps for the Tiny-1m and 0-3M sizes and at least 7 sets of snaps for 3m + sizes. Possibly more for the bigger sizes depending on how close you would like to space the snaps.

**GET IN TOUCH:** If you're stuck at any point, feel free to get in touch :)

[tanya@sparkleandroar.com](mailto:tanya@sparkleandroar.com)

and make sure you join the facebook group to share pics and discuss patterny things

<https://www.facebook.com/groups/sparkleandroarpatterns/>

**LEGAL STUFF:** I can't really stop anyone from copying or distributing this pattern but I assume that you'll be cool and follow the rules and stuff. I'll list the legal things anyway just for info :) Please don't copy or share the pattern without prior agreement. If you are going to make items to sell with the pattern it would be awesome if you referenced the pattern but I understand that doesn't always happen so I'm not going to get hung up on that. I don't have the money to sue you if you decide to open a massive sweatshop and produce millions of items using my pattern but again I'm kind of trusting everyone to just be a nice person and hoping you won't do that.

## SIZE GUIDE:

Use these measurements to work out which size pattern to make. These are the MAXIMUM measurements that each size should fit up to.

You can always adjust the cuff length or make the leg length longer if you need to. Other adjustments you can make is trimming down the sides if you have a skinny, tall child or reducing the leg and front tab length if you have a shorter child. And because you're using stretchy, jersey fabric there is a lot of leeway in the fit.

NOTE: If your child is near the top measurements or on the border between two sizes then size up to be safe.

SIZE	HEIGHT		WEIGHT		CHEST		INSEAM		Crotch to Shoulder	
	cm	inches	kg	lbs	cm	inches	cm	inches	cm	inches
Tiny-1M	54	21	4.2	9	38	15	16	6.25	32	12.6
0-3M	58	22.8	6	13.3	44.5	17.5	18	7.1	36	14.2
3-6M	62	24.5	8	17.6	46	18.1	21	8.25	39	15.4
6-12M	74	29	10	22	49	19.3	27	11	43	17
1-2Y	86	34	13	28.6	52	20.5	33.5	13.25	47	18.5
2-3Y	92	37	16	35	54	21.5	36	14.25	52	20.5
3-4Y	98	39	17.6	39	56	22.25	40	16	57	22.5
4-5Y	106	42	21	46.2	60	24	44	17	62	24.5

## FABRIC REQUIREMENTS:

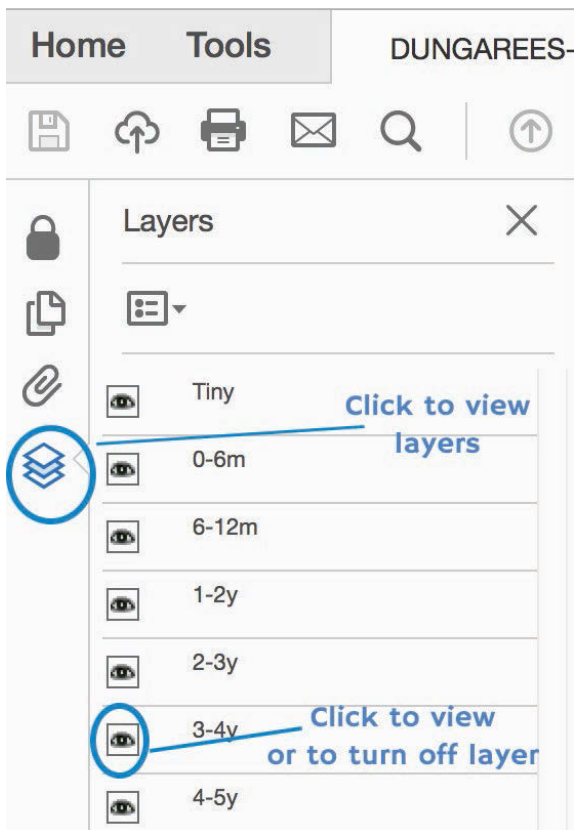
Calculated on knit fabric of 150cm width:

You can use the same fabric for the facing without adding additional meterage or I have calculated the facing separately in case you want to use a contrasting fabric.

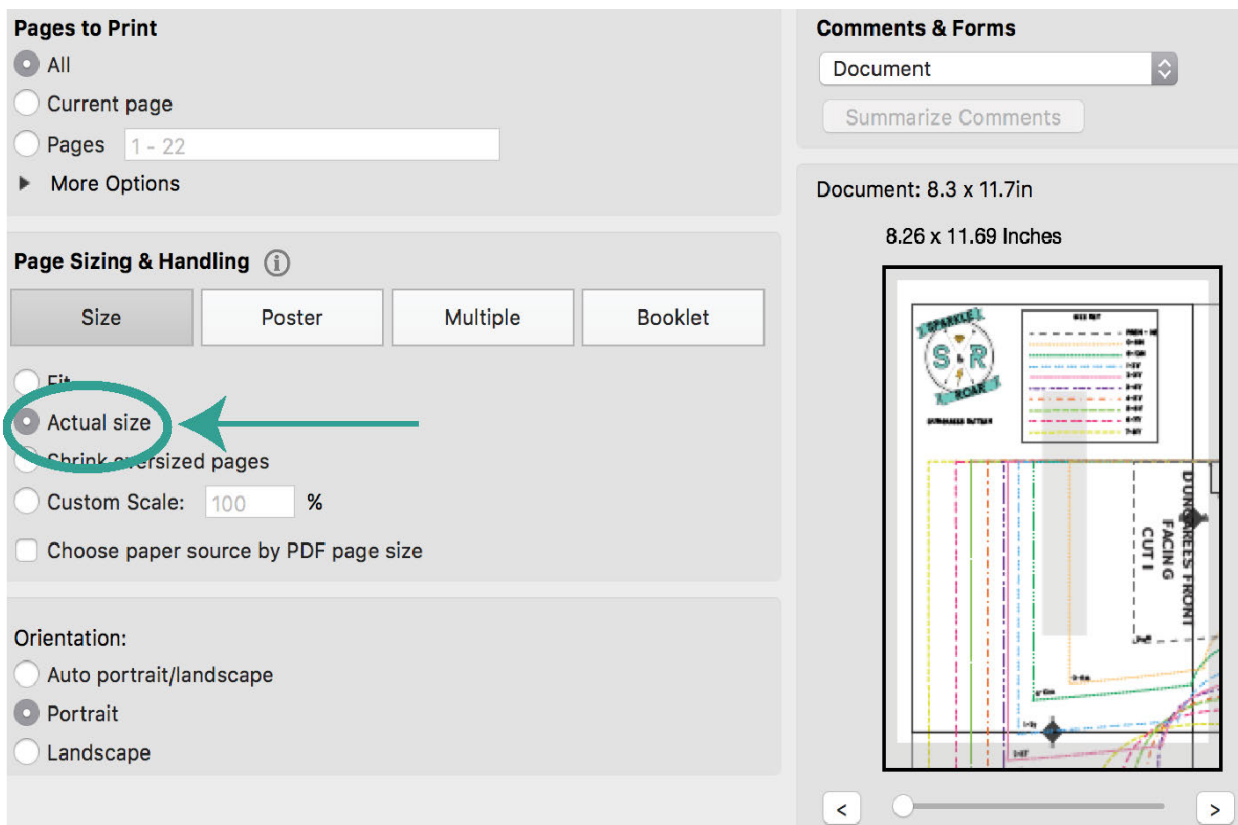
metric	Prem/NB	0-3/ 3-6m	6-12m	1-2y	2-3y	3-4y	4-5y
Dungarees	50cm	50cm	60cm	80cm	90cm	100cm	110cm
Shorts version	40cm	50cm	50cm	60cm	70cm	80cm	90cm
Facing/ Pockets	20cm	20cm	30cm	30cm	40cm	40cm	45cm
Cuffs/ Binding	20cm	20cm	20cm	30cm	30cm	30cm	40cm

## HOW TO PRINT THE PATTERN:

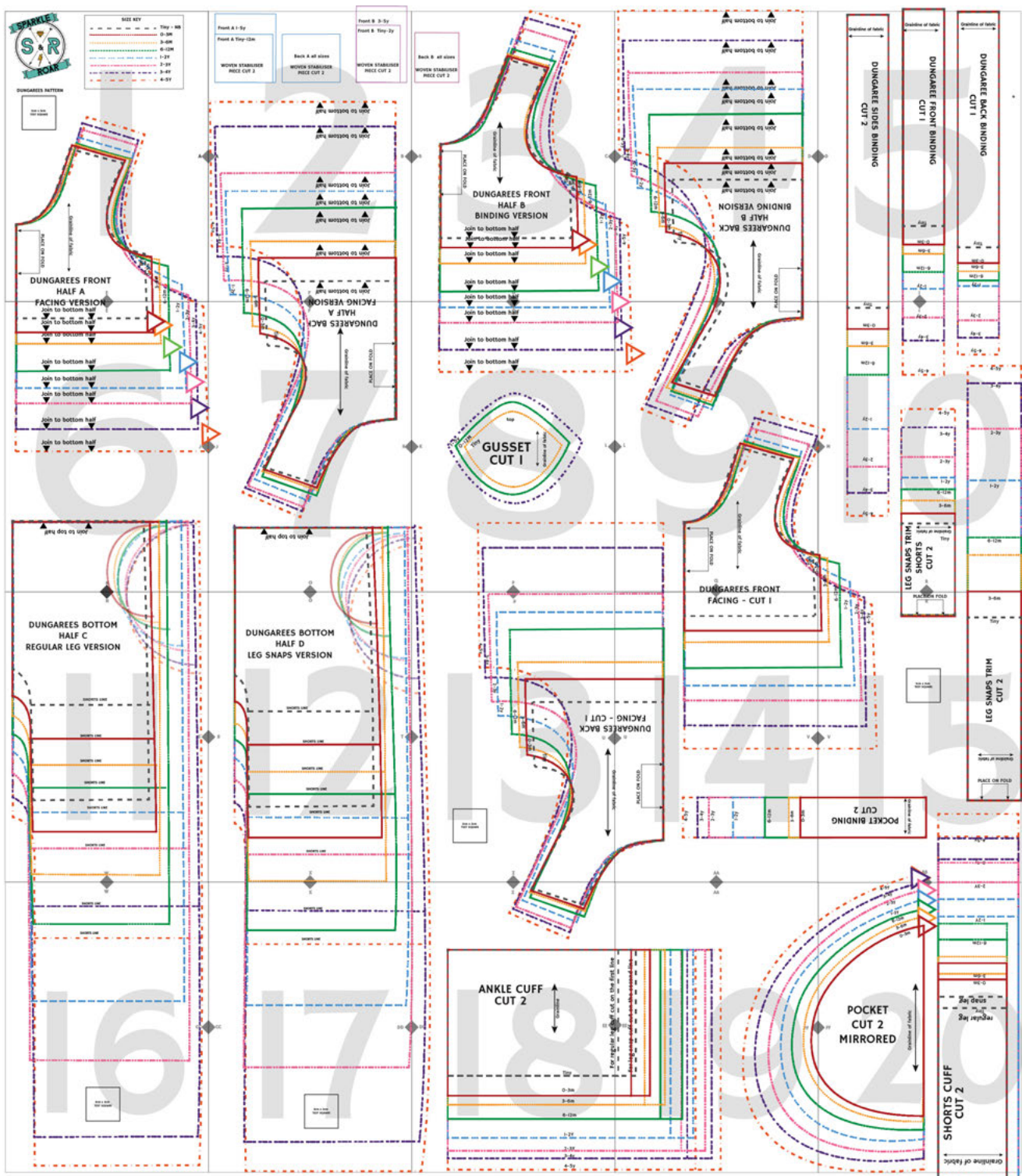
Print all pattern pieces at 100% making sure that no scaling has been set. The pattern is designed to be printed on A4 paper in portrait format.



In Acrobat Reader you can click on the layers option and choose which layers you want to view and print. Leave them all checked to print all or uncheck the sizes you don't want to print.







## ARRANGING:

Arrange the printed pages as shown on this diagram then stick them together making sure you line up the lettered squares on each page. You can then cut your pattern pieces out. You can reuse the top half front and back A pieces as the facing pieces as they are exactly the same size if you would like to save on paper. If you want to bluetack the top to bottom half pieces cut an extra cm above the bottom half join line, this will help you be able to add and remove the top half with ease :)

## IMPORTANT:

ALWAYS MEASURE THE TEST SQUARE TO MAKE SURE YOUR PATTERN HAS PRINTED AT THE CORRECT SCALE

## CUTTING YOUR PATTERN PIECES:

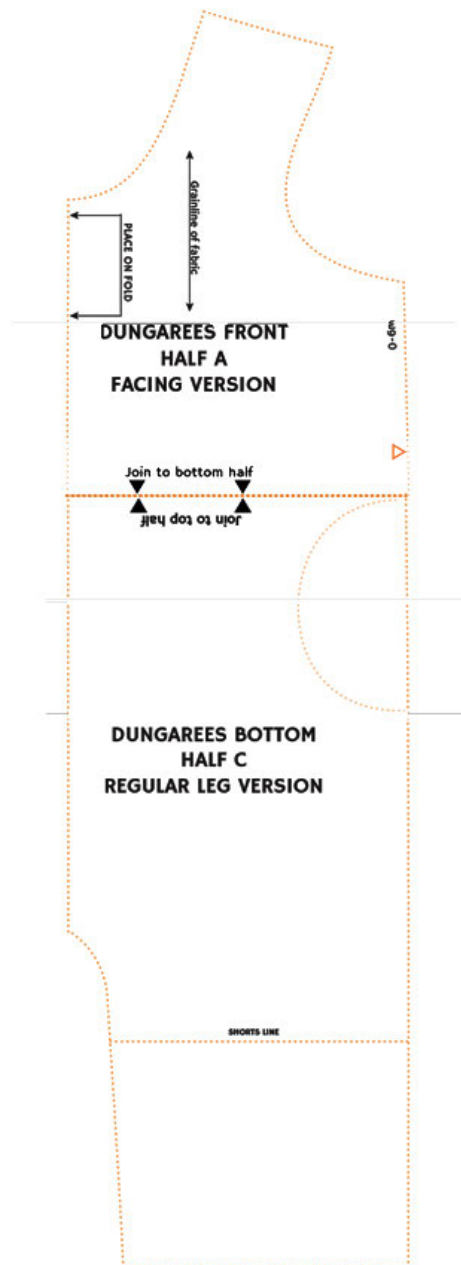
The pattern pieces are split into top and bottom halves corresponding to whichever option you would like to make:

TOP HALF A - FACING OPTION - Front and back pieces

TOP HALF B - BINDING OPTION - Front and back pieces

BOTTOM HALF C - REGULAR LEG OPTION (the front and back are the same size so you can print two copies and stick to the top half or print one copy and blue tack to whichever top half you are using)

BOTTOM HALF D - LEG BINDING OPTION - (the front and back are the same size so you can print two copies and stick to the top half or print one copy and blue tack to whichever top half you are using)



Fit the top and bottom half of the pattern pieces together as shown here. You can stick them together or you can blue tack them and mix and match as you go.

The Top Half A and Facing pieces are exactly the same size so you can reuse these pieces rather than printing out the facing pieces if you'd like to save paper.

If you are going to stick the pieces together permanently you will need to print out 2 copies of the bottom half you are using.

**NOTE ABOUT LEG SNAPS OPTION:** In my instructions I use the snap leg bottom half and fold the binding trim to the inside of the leg (go have a quick look if that sounds confusing). If you would prefer to have the snap trim showing and outside of the leg you can use the regular bottom half and attach the snap trim binding but don't fold it back to the inside or the leg will end up being too narrow.

The pocket cut line only corresponds to the FRONT of the dungarees and only if you are making the pockets variation. Your cut out front will look as below if you are making pockets. If not then **DO NOT** cut out along the pocket line. **ALSO DO NOT CUT OUT THE POCKET LINE ON THE DUNGAREE BACK PIECE.**

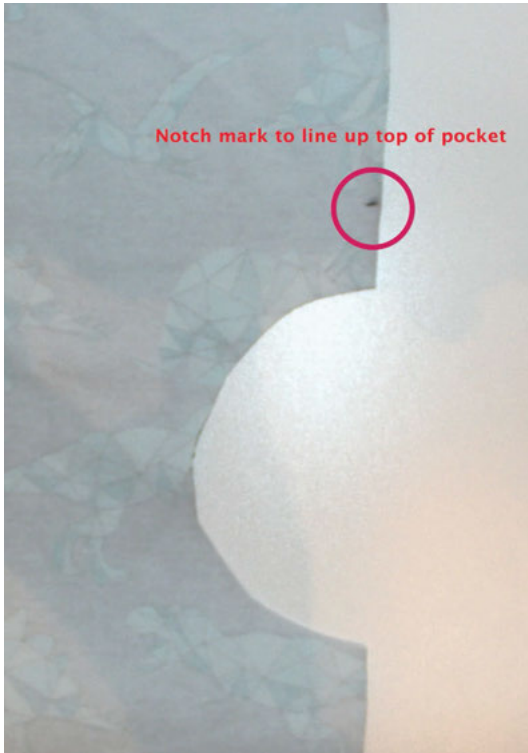


## CUFFS AND PIECES:

All the cuffs, binding and trim pieces are included in the pattern already but there is also a table of measurements for these pieces included at the end if you would prefer to use them.

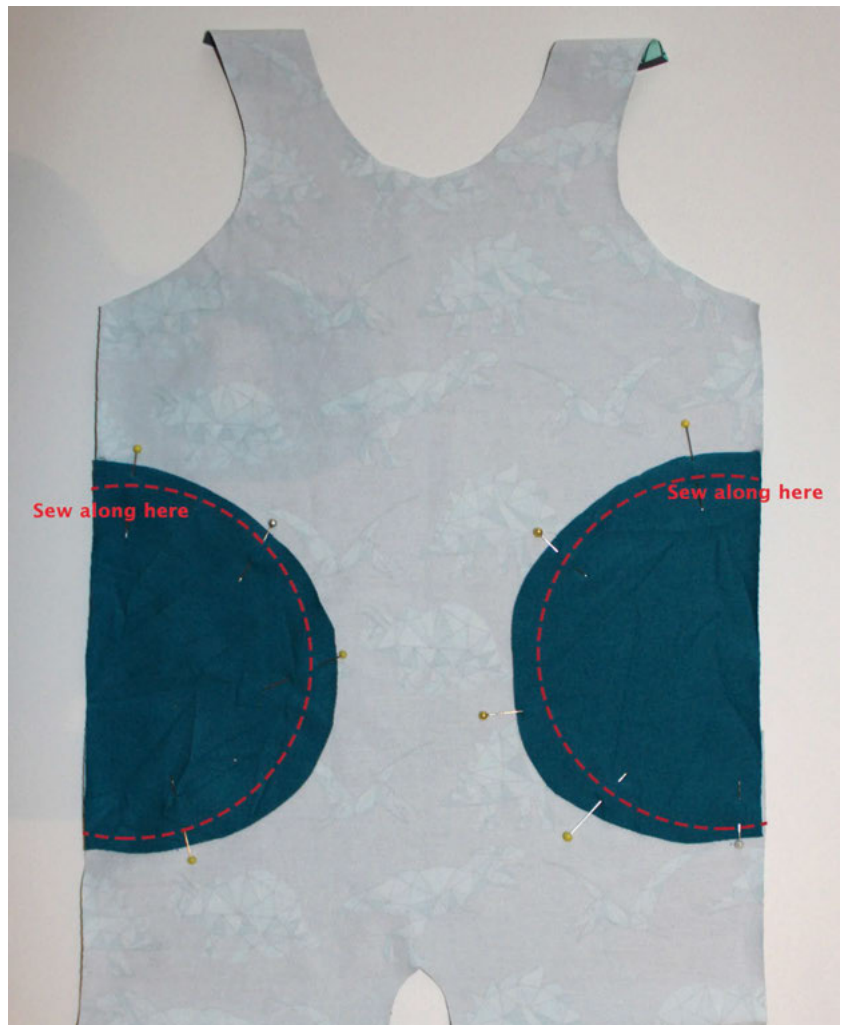
# Construction

## POCKETS OPTION:



Cut out along the pocket line on the dungaree front only and transfer the marking to the fabric piece. This will show you where to place the top edge of the pocket piece.

Place both pocket pieces onto the dungaree front with the right side of the pocket against the wrong side of the dungaree front lining up the top of each pocket piece with the markings. Then stitch along where the red lines indicate. You can use a zigzag stitch or a coverstitch to sew the pocket pieces on.







Flip the dungaree front right side up. It should look something like this.

Take the pocket binding pieces and fold them wrong sides together along the long edge.



Pin the pocket binding to the raw edge of the pocket opening like this leaving at least 1.5cm of binding over each edge. You should have to stretch the binding slightly to fit around the pocket opening. This will give it a good shape once it's sewn in place.

Sew along the raw edges of the pocket opening and binding.

Follow the same process for the other pocket.







Your finished pocket should look something like this. :)

**NOTE:** The reason I attach the pocket piece first before the binding is that it's easier to get a neat, flat pocket this way. If you feel more confident that you can still get a neat, flat pocket and would prefer to attach the binding piece first feel free to do so :)

## **FACING OPTION:**



Lay the front facing on top of the dungaree front right sides together and pin as shown



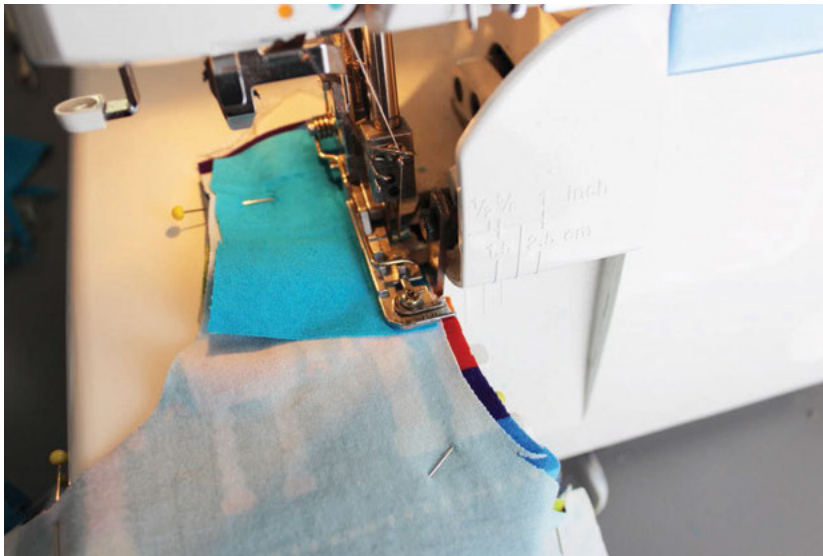
Pin the piece of woven stabiliser fabric onto the dungaree front on the wrong side.

Then do the same for the dungaree back and back facing pieces.

**NOTE:** The reason I pin the stabiliser to the front wrong side is that when you turn the tabs right side around the bulk of the seam will be on the facing side of the tab and will give neater front corners :)



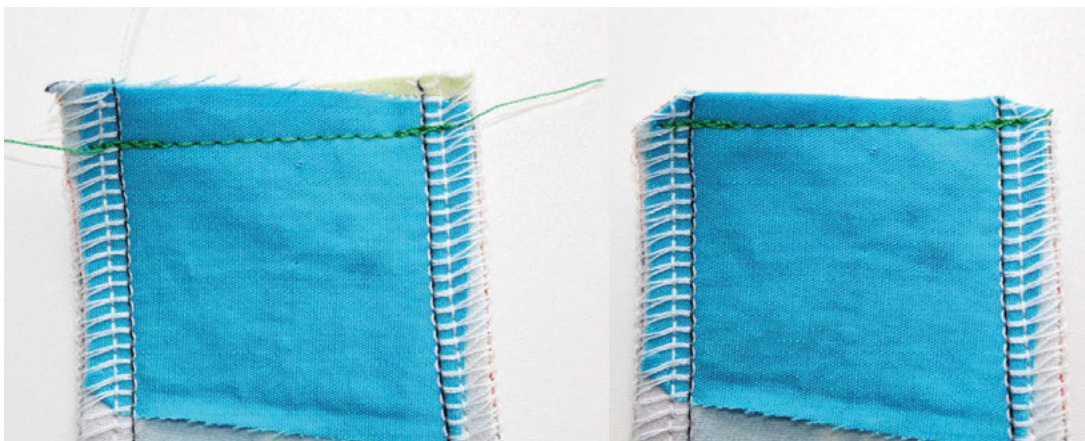
Sew the front facing to the dungaree front piece as shown. Do the same for the back dungaree pieces and facing. Leave the top of the tab unsewn, we'll do this on a sewing machine with a straight stitch in a bit.



**TIP:** When sewing the facing to the dungaree piece sew it from the dungaree side and not the facing side, this will help make sure you catch the piece of woven interfacing :)

Stitch the tab top with a straight stitch approximately 1cm from the raw edge remembering to back stitch on each end.

Then trim the raw edge off the tab top so it will be nice and neat when you turn it right side out.



Turn the tabs the right way around, it should look something like this, do the same for the front and the back pieces.







Lay the dungarees back piece with the right side facing up and flip the facing up as shown.

Lay the dungarees front piece on top of the back piece with the facing also flipped up. Line up the raw edges down each side. You're going to sew down each side starting at the edges of the facing that's flipped up all the way down to the ankle. The process is the same for the shorts version :)

**POCKETS:** If you've made the pockets version make sure you catch the binding ends and pocket piece edge when sewing down the dungaree sides.



**Tip:** Make sure you line up the stitched lines on each side before sewing down the dungaree sides.



Your sewn up sides should look like this.



Then flip down the facing like this.





There is a 2cm hem allowance on the facing. You can pin it and hem it if you want to. It's not essential but helps it stop curling up after washing.

Make sure you don't sew the facing to the actual dungarees though. :)







Pin the facing inside the dungarees with the seams matching up. Then we're going to do a top stitch on it to keep the facing inside the dungarees so it doesn't keep riding up.

This is how I top stitch the facing down, you don't have to do it the same way, you can always just sew a straight stitch down along the side seam to secure the facing but I'll explain my method.



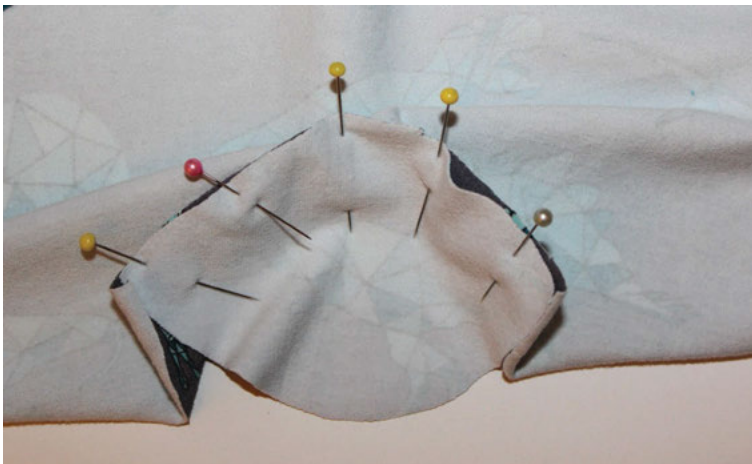
If your machine has a joint straight and zigzag stitch like mine then I have to move the feed dogs out of the way, as if you're going to sew a button on or do free motion. Then set the machine to a wide zigzag stitch and place the needle over the side seam. Then do a few sets of stitches directly over that side seam :) (Remember to put the feed dogs back up when you're done)

If your machine has a standalone zigzag setting you can set the stitch length to zero and it should achieve the same affect without having to move the feed dogs out of the way :)

## **ATTACHING THE GUSSET:**



Pin the midpoint of the gusset to the mid point of the dungaree legs raw edge. It's easiest to do this with the gusset and dungaree right sides together. There is a top and bottom to the gusset. Pin the top to the dungaree front if you're making the regular leg version or the bottom point to the dungaree back if you are making the leg snaps version.

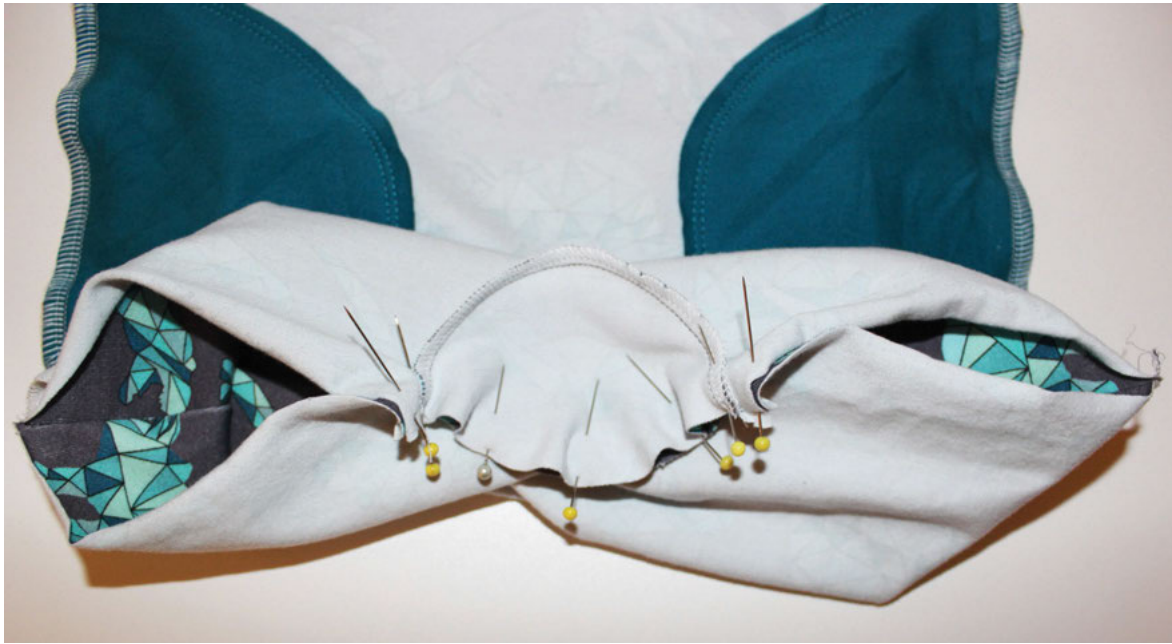


Flip the dungarees over to the wrong side and continue to pin the rest of the gusset to the dungaree leg raw edge much like you would pin a sleeve to a t-shirt. It's a bit fiddly but try not to stretch either edge when pinning.

Then stitch the gusset in place along the raw edges.

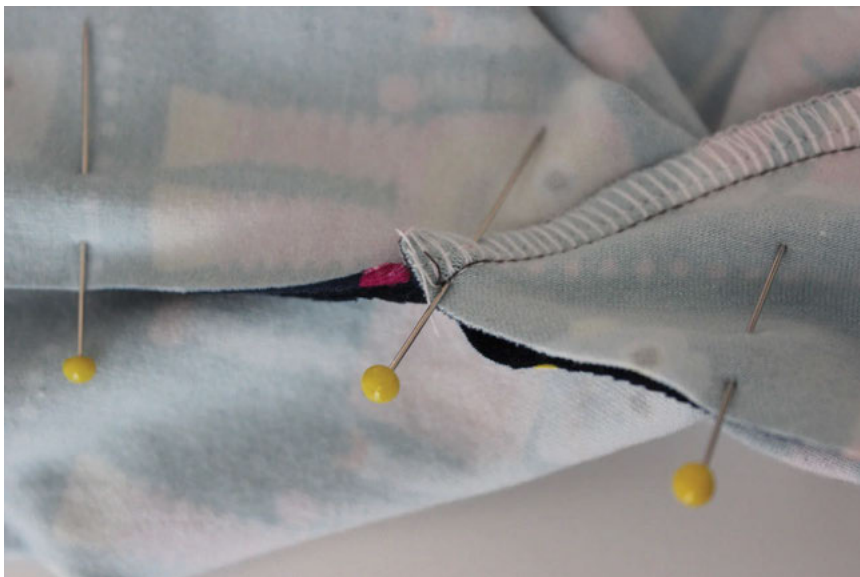


Your stitched on gusset should look a bit like this. This is the shorts version but the process is the same for the long legs version and for the leg snaps version.



**REGULAR LEG VERSION ONLY** (for leg snaps version skip this step and proceed to LEG SNAPS)

Pin the dungaree back raw edge to the dungaree front where you just attached the gusset. Then stitch along this raw edge.



Close up of the raw edge of the gusset when attaching to the dungaree back raw edge. It makes a neater finish on the gusset if you fold the seam down like this rather than folding the seam back on itself.





Your finished gusset should look a bit like this. It is a tricky and fiddly thing to sew but the more you do it the better it looks :) You can always stitch over it again if it went a bit wrong somewhere :)

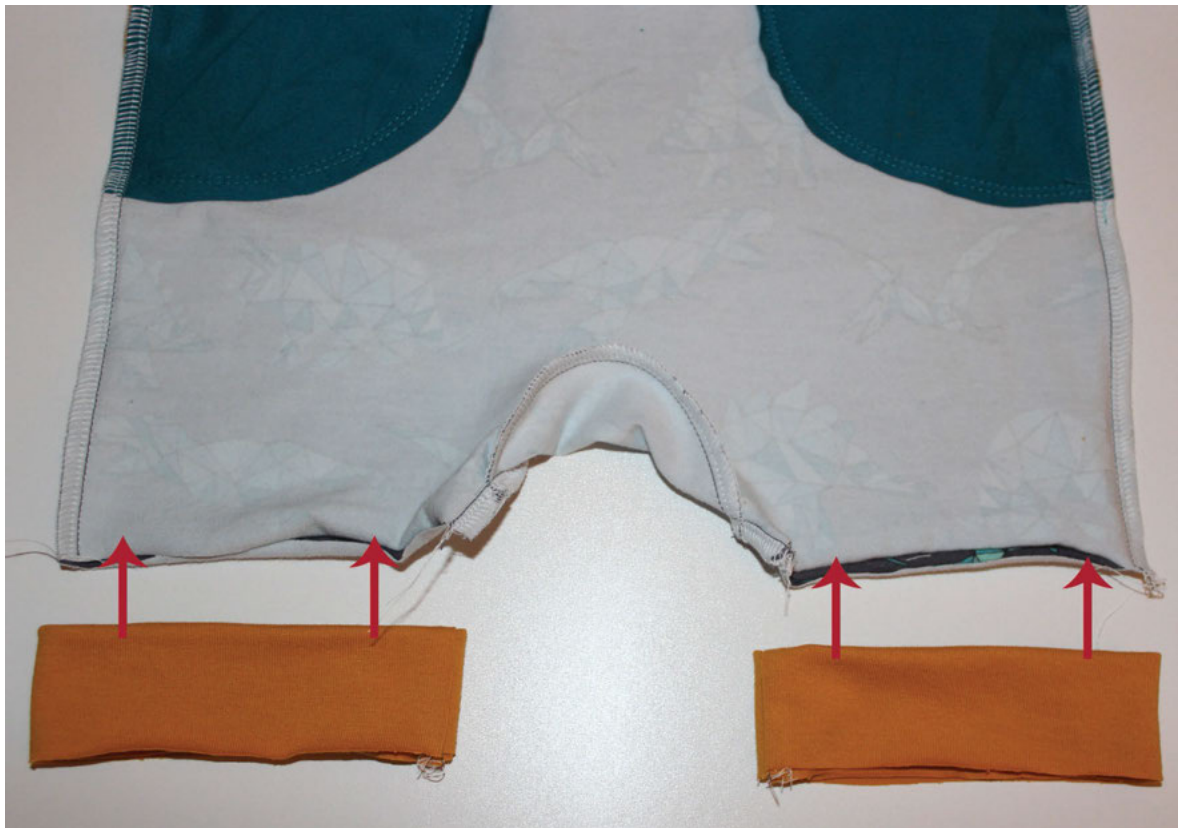
## **THE CUFFS (regular leg and shorts):**

How to attach the cuffs for the regular leg and regular shorts version. This does not apply to the leg snaps version - skip ahead to LEG SNAPS.

Make sure you've cut the cuffs out on the first line on the cuff pattern pieces. Fold the cuff pieces right sides together with the grain going vertical. Then stitch down the raw edge of each side making a little tube.

Then fold the cuff tube wrong sides together as shown bottom right.





With the dungarees wrong side out still you're going to put each cuff inside the dungaree leg openings and line up the raw edges of the cuffs and dungaree legs together. The process is the same for the shorts and long leg versions.



Pin the raw edges together then stitch along that edge to secure the cuff to the dungaree leg opening.





If you turn the dungarees right side out your cuffs should look a bit like this :)

## **LEG SNAPS:**

You should have your dungarees sewn up on the sides and the gusset already attached to the **BACK** of the dungaree leg edge. So we start with something that looks a bit like this.







Get your cuff pieces and fold them wrong sides together width ways. DO NOT STITCH YOUR LEG CUFFS BEFORE ATTACHING THEM TO THE DUNGAREE LEGS.

Pin the cuff to the inside of the leg edge starting at the edges first then pin the midpoint of the cuff then stretch the cuff slightly and pin the rest of it to the leg raw edge. You will then need to stitch along the raw edges to secure the cuff to the leg edge.



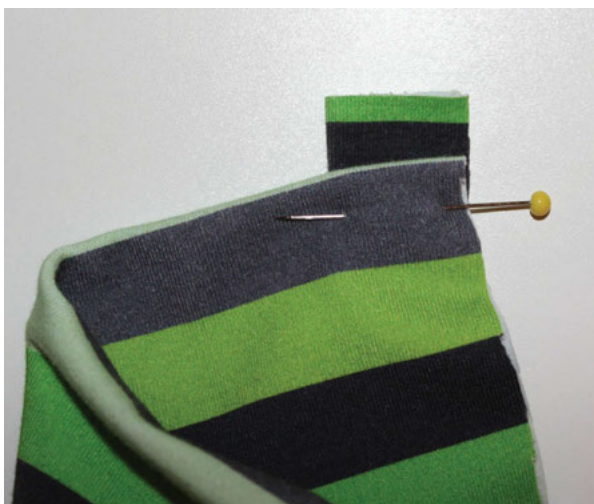
Your stitched on cuffs should look a bit like this :)



Turn the dungarees right side out so you're looking at the legs like this.



Fold the leg snaps trim wrong sides together along the length of the fabric.



Pin the snap trim right sides together to the raw edge of the dungaree leg openings leaving at least 1cm over the edge of the ankle cuff like this.

Pin the midpoint of the snap trim to the midpoint of the dungaree legs and then stretch the trim a little and continue to pin the remaining trim edge to the leg edge. Stitch the trim to the leg edge.





It was really difficult to get a picture of the full snap trim pinned as it just looked confusing. This is the result you are looking for once you've sewn the trim edge to the dungarees leg edge. The the same for both legs.

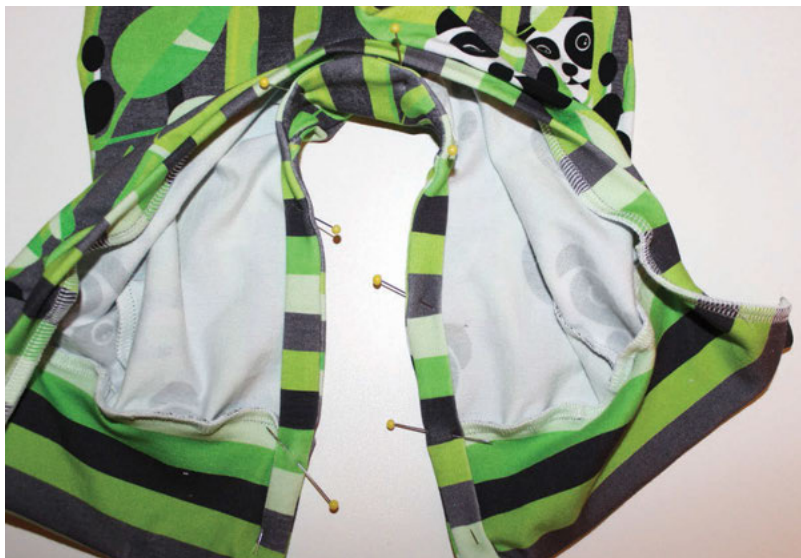


Fold the overhanging piece of leg trim back up on itself. You may want to trim this piece shorter if you feel it's going to create too much bulk when you come to attach the leg snaps.



Then fold the leg snap trim back over towards the wrong side of the dungarees leg. You can either continue to pin the trim and then top stitch it in place or add the leg snaps straight onto the legs going through the trim. That will also hold it in place.





Here is the leg snap trim pinned back towards the wrong side of the dungarees legs.

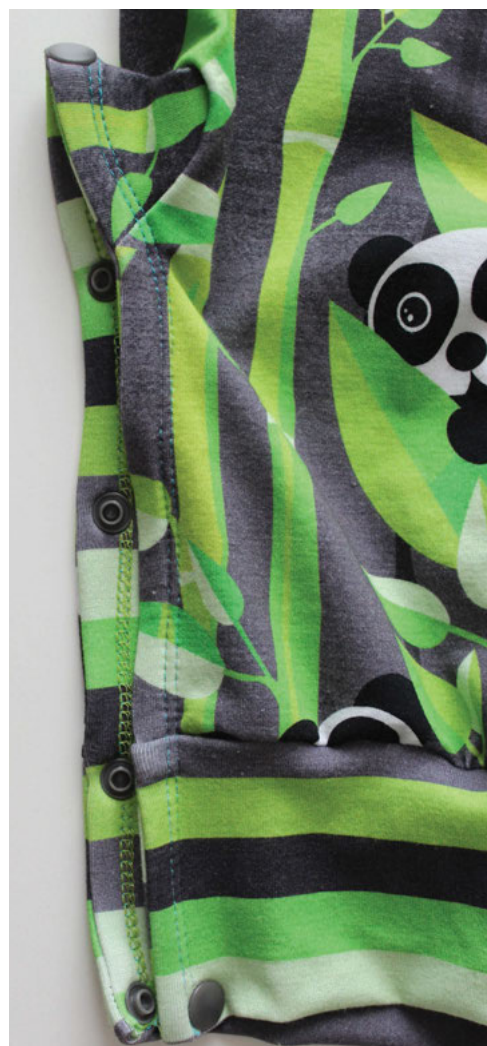
I topstitch the leg snap trim to the wrong side. It definitely helps keep the snap trim in place and evenly stretched when topstitched. You don't have to do this but it might not have the same finished and evenly stretched look if you don't.

If you don't top stitch you will need to take special care to stretch the snap trim evenly when applying the snaps to avoid any bunching. You will also need to place a securing/ darning stitch onto the leg snap trim that you have folded up to the inside.



Apply the leg snaps starting at each cuff, and one snap on the midpoint then space the remaining snaps evenly down each leg. You can line up the snaps on each side by folding the leg opening like this that way the snaps will be in the same position on each side.

If your snaps are having trouble going through the bulk at the bottom of the cuff try starting the first snap about 1cm up from the cuff edge. I use regular prong snaps and don't have any trouble but you may want to use long prong snaps if you find it's a bit too bulky.



Your finished leg snaps should look something like this :)

I normally place the male snaps on the back leg to snap onto the female snap on the front leg as the gusset is attached to the back piece and it makes it easier to close the snaps when changing a nappy :)



## TOP BINDING (Option 1 - the easier one):



Attach the pieces of woven stabiliser to the tab tops as shown. Then take the dungaree front binding piece and fold it wrong sides together along the length of the piece of binding.



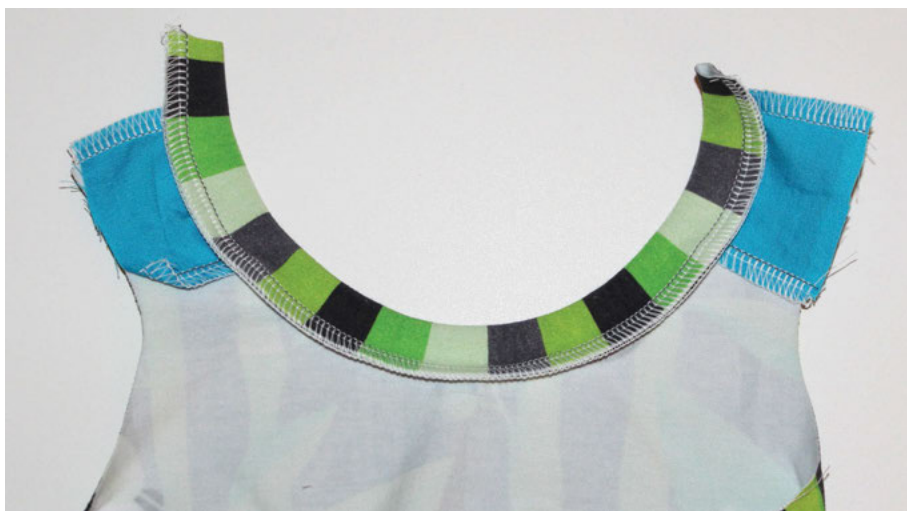


Pin the front binding to the front of the dungarees right sides together along the raw edges. Leave at least 2cm of binding over each tab top. Start by pinning the two tab ends first then the midpoint to midpoint. You will need to stretch the binding slightly to fit.

You will then need to stitch along the raw edges to attach the binding to the dungarees. Which should look as below when stitched.







It should look like this from the wrong side.

Follow the same process for the dungaree sides and back and you should have something like this.



To finish the binding go to the **FINISHING THE BINDING** :)

## **TOP BINDING (Option 2 - a little bit trickier):**



Pin and then attach the pieces of woven stabiliser to the tab tops.





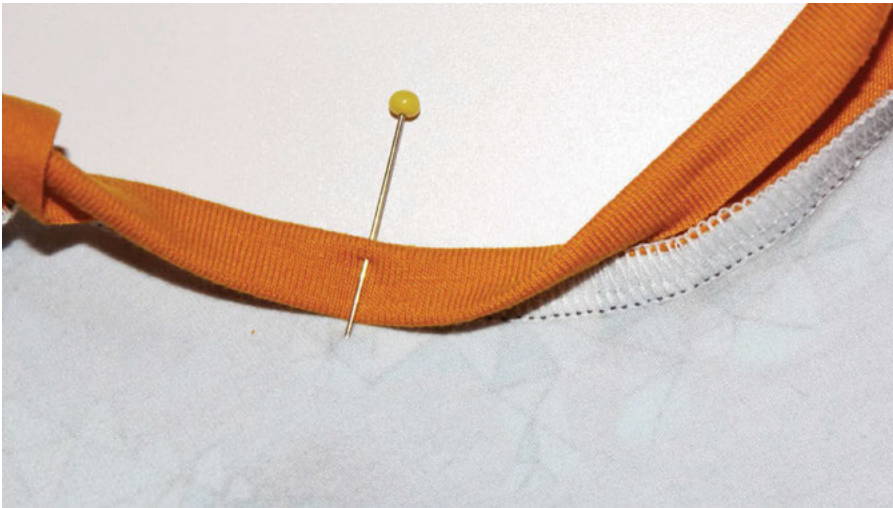
Take the dungaree front binding piece and pin the raw edge to the raw edge of the dungarees front leaving at least 2cm of binding overhanging the tab top edge. Then pin midpoint of the binding to the midpoint of the dungarees front. You will need to stretch the binding slightly to fit the dungarees front.

It should look a bit like this once stitched in place.



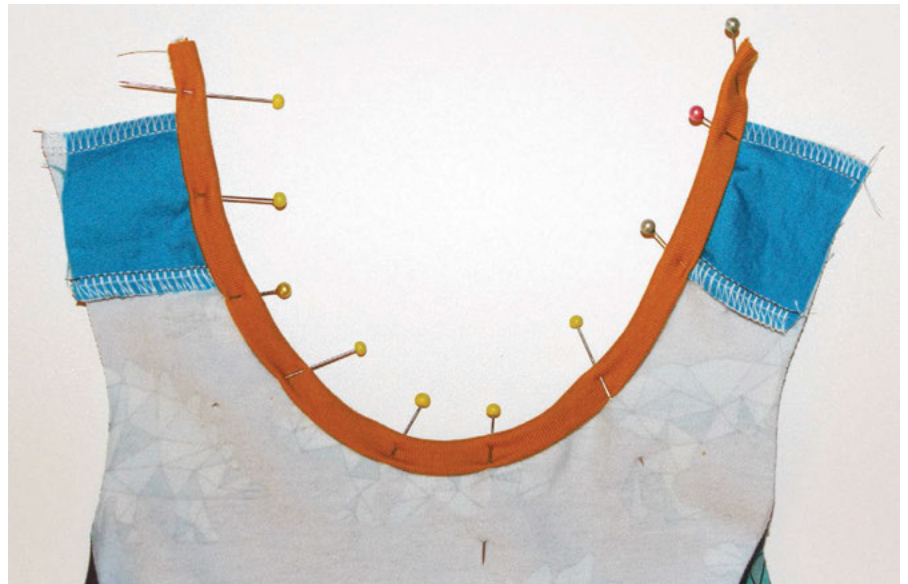
From the reverse fold the binding towards the raw edge like this. We're going to make it like bias binding only it doesn't need to be on the bias because it's already stretchy :) You can always iron the binding but it's not necessary.





Then fold the binding over again towards the wrong side to enclose the seam. Pin in place and continue to fold and pin along the whole binding piece.

It should look a bit like this when all pinned in place from the wrong side.



Next you will top stitch all along the binding to secure it place. You can use a double needle on a sewing machine or a coverstitch. You can use a straight stitch on a sewing machine although the straight stitch won't be flexible and may be liable to breaking.





It should look a bit like this when top stitched.

Then do the same process for the back binding and the sides binding.

So your binding should end up looking a bit like this :)



## **FINISHING THE BINDING (both options):**

Fold the tab top over to the wrong side of the dungarees. You want to fold over about 2cm and then pin it in place. We left those extra ends on the binding because it makes this bit so much easier :)

Do the same for all the tab tops.



Here I use the same zigzag with the feed dogs disengaged method that I used in the facing version of securing the tab tops. You can do a straight stitch across the tab top instead if you want to.







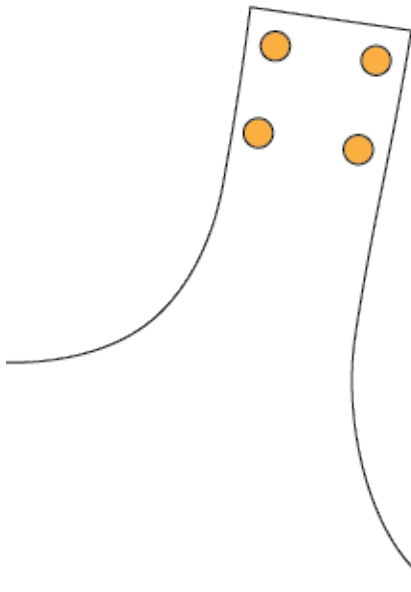
It looks like this from the front.



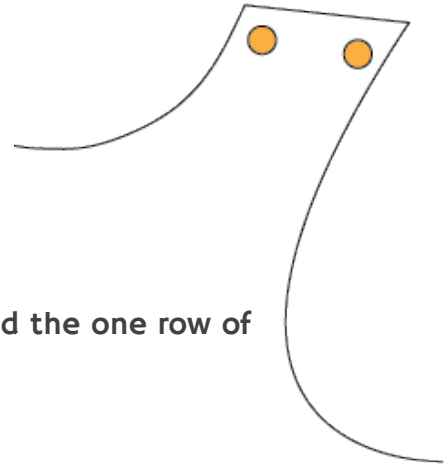
And this is the back view. Now trim off the binding pieces that were hanging over and you should be left with something that looks a bit like this :)



## **ADDING THE TAB SNAPS (all options):**



There is enough space to fit two rows of female snaps on the front tabs of 2cm apart. This is to allow for height adjustment.



On the back tabs you only need the one row of male snaps



So your tab snaps should look a bit like this :)

You will probably find the binding version snaps need to be closer together as the binding tends to add extra bulk to the tab.

Hopefully at the end you should have a lovely pair of dungarees. Please give me a shout if you get stuck anywhere along the process or if anything is unclear.

Table of measurements for the various pieces in the pattern

Measurements in cm	ANKLE CUFFS		SHORTS CUFFS		LEG SNAPS BINDING PIECE	
	Regular Leg	Snaps Leg	Regular Leg	Snaps Leg	Long Leg	Shorts
	W x L	W x L	W x L	W x L	W x L	W x L
Tiny-1m	14.9 x 11	16.5 x 11	6 x 15	6 x 16	4.7 x 32	4.7 x 16
0-3m	16 x 12.8	17.7 x 12.8	6 x 17.5	6 x 18.9	4.7 x 36	4.7 x 18
3-6m	17.3 x 13.6	19 x 13.6	6 x 18	6 x 19.5	4.7 x 42	4.7 x 20
6-12m	18.6 x 14.8	20.5 x 14.8	6 x 21	6 x 22.4	4.7 x 46	4.7 x 22
1-2y	19.5 x 16.5	21.5 x 16.5	7 x 23	7 x 24.5	4.7 x 56	4.7 x 24
2-3y	20.5 x 17.8	22.5 x 17.8	7 x 26	7 x 27.7	4.7 x 71	4.7 x 27.6
3-4y	21.4 x 19	23.6 x 19	7 x 28	7 x 29.8	4.7 x 73	4.7 x 32.8
4-5y	22.4 x 20	24.6 x 20	7 x 30	7 x 32	4.7 x 76	4.7 x 36

Measurements in cm	DUNGAREES BINDING			POCKET BINDING
	Front	Back	Sides	
	W x L	W x L	W x L	W x L
Tiny-1m	3.6 x 19	3.6 x 20.6	3.6 x 25.65	-
0-3m	3.6 x 20.6	3.6 x 22	3.6 x 27.5	3.5 x 11
3-6m	3.6 x 21.4	3.6 x 22.7	3.6 x 29	3.5 x 12
6-12m	3.6 x 23	3.6 x 23.5	3.6 x 31.5	3.5 x 14.1
1-2y	3.6 x 24.5	3.6 x 24	3.6 x 36.25	3.5 x 16.9
2-3y	3.6 x 27	3.6 x 27	3.6 x 39.55	3.5 x 19
3-4y	3.6 x 29	2.6 x 28.5	3.6 x 41.85	3.5 x 20
4-5y	3.6 x 32	2.6 x 30	3.6 x 43.85	3.5 x 21.3

Credits: I just want to say a massive thank-you to all my pattern testers who used their own time and fabric to help bring you this pattern. Here is a list of everyone who has helped :)

All custom print fabric used in the instructions is by Second Star Fabric

[www.facebook.com/groups/secondstarfabric/](http://www.facebook.com/groups/secondstarfabric/)

Some of the pattern testers are:

[www.facebook.com/BooCreates/](http://www.facebook.com/BooCreates/)

[www.caboodlekids.co.uk](http://www.caboodlekids.co.uk)

[www.littletshaberdashery.com](http://www.littletshaberdashery.com)

[www.jolly-penguin.com](http://www.jolly-penguin.com)

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